

## KILLARNEY SWIM CLUB

### Individual Top Times

KILLARNEY SWIM CLUB [KSC] Group: S SubGroup: A Coach: MIKE MELDRUM

Time	P/F/S	Event			
<b>Boyd, Connor (15) M</b>					
27.07	S L	F	50	Free	12/3/2009 Scotiabank Prairie Winter International 2009
28.56	L	P	50	Free	6/27/2009 2009 SPEEDO AB Age & Sr. Championships LC
59.94	S	P	100	Free	12/3/2009 Scotiabank Prairie Winter International 2009
1:04.74	L	P	100	Free	6/27/2009 2009 SPEEDO AB Age & Sr. Championships LC
2:16.55	S	P	200	Free	12/3/2009 Scotiabank Prairie Winter International 2009
2:28.67	L	P	200	Free	6/27/2009 2009 SPEEDO AB Age & Sr. Championships LC
5:08.26	S	F	400	Free	10/24/2009 LA Swim Club Fall Challenge
5:22.07	L	F	400	Free	5/29/2009 NCSA Corral City Classic 2009
32.93	S	F	50	Back	3/20/2010 TAS Open Meet
1:14.70	L	F	100	Back	4/24/2010 Chinook Invitational 2010
2:09.65	S	F	100	Back	11/23/2002 CWC Winter Cup Invitational 02
35.60	S	F	50	Breast	2/23/2010 CWC invitational Feb 23, 2010
37.81	L	F	50	Breast	4/24/2010 Chinook Invitational 2010
1:16.15	S	F	100	Breast	12/3/2009 Scotiabank Prairie Winter International 2009
1:23.56	L	F	100	Breast	5/29/2010 TREX
2:54.91	S	P	200	Breast	1/15/2010 Grand Prix 2010
3:10.57	L	F	200	Breast	4/24/2009 Chinook Invitational 2009
29.67	S	F	50	Fly	12/3/2009 Scotiabank Prairie Winter International 2009
31.02	L	P	50	Fly	6/27/2009 2009 SPEEDO AB Age & Sr. Championships LC
1:08.07	S	P	100	Fly	12/3/2009 Scotiabank Prairie Winter International 2009
1:12.26	L	P	100	Fly	6/27/2009 2009 SPEEDO AB Age & Sr. Championships LC
3:01.00	L	F	200	Fly	6/27/2009 2009 SPEEDO AB Age & Sr. Championships LC
1:08.50	S	P	100	IM	1/29/2010 2010 SPEEDO AB Senior Prov Championships SC
x2:29.52	S	P	200	IM	12/3/2009 Scotiabank Prairie Winter International 2009
2:42.75	L	F	200	IM	4/24/2009 Chinook Invitational 2009
<b>Chin, Laura (15) F</b>					
31.37	S	F	50	Free	12/11/2009 2009 Cascade Age Group Challenge
33.35	L	F	50	Free	4/10/2010 Spring Start-Up
1:09.13	S	F	100	Free	12/11/2009 2009 Cascade Age Group Challenge
1:15.80	L	F	100	Free	5/29/2009 NCSA Corral City Classic 2009
2:36.19	S	F	200	Free	10/24/2009 LA Swim Club Fall Challenge
2:45.74	L	F	200	Free	4/10/2010 Spring Start-Up
5:38.84	S	F	400	Free	10/24/2009 LA Swim Club Fall Challenge
6:11.55	L	F	400	Free	5/23/2008 NCSA Corral City Classic 2008
41.01	S	P	50	Back	2/20/2009 2009Team Aquatic Supplies Alberta AGT SC
44.48	L	F	50	Back	5/23/2008 NCSA Corral City Classic 2008
1:28.58	S	P	100	Back	1/30/2009 Pronghorn Classic 2009
1:36.89	L	F	100	Back	5/19/2007 Leduc LC Invitational
3:10.63	S	F	200	Back	1/24/2009 Pugsley's_Plunge_2009
3:49.04	L	F	200	Back	3/25/2006 AMAC EnCana LC Inv.
40.28	S	F	50	Breast	12/11/2009 2009 Cascade Age Group Challenge
43.19	L	F	50	Breast	5/29/2009 NCSA Corral City Classic 2009
1:29.15	S	F	100	Breast	12/11/2009 2009 Cascade Age Group Challenge
1:35.87	L	F	100	Breast	5/29/2009 NCSA Corral City Classic 2009
3:11.33	S	P	200	Breast	12/11/2009 2009 Cascade Age Group Challenge
3:29.36	L	F	200	Breast	5/2/2008 2008 Spring Challenge
35.60	S	P	50	Fly	12/11/2009 2009 Cascade Age Group Challenge
39.79	L	P	50	Fly	6/12/2009 2009 Team Aquatic Supplies Alberta Age Group
1:27.25	S	F	100	Fly	11/7/2009 NCSA Fall Invitational Meet
1:39.06	L	F	100	Fly	5/29/2009 NCSA Corral City Classic 2009
3:55.79	L	F	200	Fly	5/23/2008 NCSA Corral City Classic 2008
1:21.87	S	F	100	IM	10/3/2009 Fall Splash Dual Meet 2009
2:53.00	S	F	200	IM	12/11/2009 2009 Cascade Age Group Challenge
3:10.44	L	P	200	IM	6/12/2009 2009 Team Aquatic Supplies Alberta Age Group
6:12.19	S	F	400	IM	12/11/2009 2009 Cascade Age Group Challenge
<b>Dorrestijn, Larissa (15) F</b>					

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Time	P/F/S	Event			
<b>Dorrestijn, Larissa (15) F</b>					
29.37 S	S	50 Free	12/3/2009	Scotiabank Prairie Winter International 2009	
30.07 L	F	50 Free	4/29/2010	EKI 2010	
30.07 L	F	50 Free	7/3/2008	Alberta Age Group/Senior Long Course Champs	
1:03.61 S	S	100 Free	11/7/2009	23rd Annual Cascade Slingshot Speedmeet-Blue	
1:05.45 L	P	100 Free	4/29/2010	EKI 2010	
2:17.73 S	F	200 Free	12/3/2009	Scotiabank Prairie Winter International 2009	
2:21.68 L	P	200 Free	4/29/2010	EKI 2010	
4:51.94 S	P	400 Free	12/3/2009	Scotiabank Prairie Winter International 2009	
5:02.90 L	P	400 Free	4/29/2010	EKI 2010	
10:07.35 S	F	800 Free	12/3/2009	Scotiabank Prairie Winter International 2009	
10:29.97 L	F	800 Free	4/29/2010	EKI 2010	
10:29.97 L	F	800 Free	4/29/2010	EKI 2010	
19:35.20 S	F	1500 Free	3/5/2010	2010 Speedo Alberta Age Group Provincials SC	
25.55 S	F	25 Back	2/12/2005	Junior Circuit Meet - Feb. 12/2005	
36.62 S	F	50 Back	12/3/2009	Scotiabank Prairie Winter International 2009	
38.86 L	F	50 Back	4/10/2010	Spring Start-Up	
1:16.11 S	F	100 Back	2/23/2010	CWC invitational Feb 23, 2010	
1:17.76 L	F	100 Back	5/29/2010	TREX	
2:43.84 S	F	200 Back	1/18/2008	Blue Bears Invitational 2008	
2:50.54 L	F	200 Back	5/29/2009	NCSA Corral City Classic 2009	
34.85 S	F	25 Breast	2/12/2005	Junior Circuit Meet - Feb. 12/2005	
43.39 S	F	50 Breast	3/20/2010	TAS Open Meet	
47.10 L	F	50 Breast	4/24/2009	Chinook Invitational 2009	
1:36.01 S	F	100 Breast	12/13/2008	Nike Killarney Swim Club Meet	
1:39.83 L	F	100 Breast	4/24/2009	Chinook Invitational 2009	
3:16.03 S	F	200 Breast	3/20/2010	TAS Open Meet	
20.00 S	F	25 Fly	4/8/2006	2006 Dino Cup	
32.08 S	F	50 Fly	3/5/2010	2010 Speedo Alberta Age Group Provincials SC	
33.50 L	P	50 Fly	6/27/2009	2009 SPEEDO AB Age & Sr. Championships LC	
1:11.95 S	F	100 Fly	3/5/2010	2010 Speedo Alberta Age Group Provincials SC	
1:13.66 L	P	100 Fly	4/29/2010	EKI 2010	
2:46.43 S	F	200 Fly	3/20/2010	TAS Open Meet	
3:01.86 L	P	200 Fly	4/30/2009	Edmonton Keyano International	
1:15.79 S	P	100 IM	1/29/2010	2010 SPEEDO AB Senior Prov Championships SC	
2:41.01 S	F	200 IM	12/3/2009	Scotiabank Prairie Winter International 2009	
2:48.81 L	P	200 IM	6/27/2009	2009 SPEEDO AB Age & Sr. Championships LC	
5:36.66 S	F	400 IM	1/15/2010	Grand Prix 2010	
6:27.54 L	F	400 IM	6/15/2007	AB Age Group Trials LC	
<b>Dunbar, Luke (15) M</b>					
26.25 S	P	50 Free	12/3/2009	Scotiabank Prairie Winter International 2009	
27.23 L	F	50 Free	6/5/2009	Cascade Swimming International 2009	
57.04 S	P	100 Free	12/3/2009	Scotiabank Prairie Winter International 2009	
59.90 L	P	100 Free	4/30/2009	Edmonton Keyano International	
2:09.96 S	F	200 Free	10/24/2009	LA Swim Club Fall Challenge	
2:11.45 L	F	200 Free	4/30/2009	Edmonton Keyano International	
4:43.96 S	F	400 Free	10/24/2009	LA Swim Club Fall Challenge	
4:51.76 L	P	400 Free	6/27/2009	2009 SPEEDO AB Age & Sr. Championships LC	
10:31.27 S	F	800 Free	1/18/2008	Blue Bears Invitational 2008	
10:57.13 L	F	800 Free	5/23/2008	NCSA Corral City Classic 2008	
21:12.65 S	F	1500 Free	12/14/2007	Age Group Challenge 2007	
22:09.87 L	F	1500 Free	5/19/2007	Leduc LC Invitational	
28.74 S	P	50 Back	2/18/2010	Speedo Western Canadian Championships	
31.10 L	P	50 Back	7/24/2008	2008 Age Group Nationals	
1:02.18 S	P	100 Back	12/3/2009	Scotiabank Prairie Winter International 2009	
1:04.65 L	F	100 Back	6/27/2009	2009 SPEEDO AB Age & Sr. Championships LC	
2:14.30 S	P	200 Back	2/18/2010	Speedo Western Canadian Championships	
2:24.94 L	F	200 Back	4/30/2009	Edmonton Keyano International	
34.33 S	F	25 Breast	10/19/2002	Halloween Howler 02	

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Time	P/F/S	Event			
<b>Dunbar, Luke (15) M</b>					
42.70 S	F	50 Breast	3/1/2008	KSC Last Chance Meet	
52.14 L	F	50 Breast	3/25/2006	AMAC EnCana LC Inv.	
1:34.98 L	F	100 Breast	4/25/2008	34th Chinook Invitational	
1:35.06 S	P	100 Breast	12/14/2007	Age Group Challenge 2007	
3:27.46 S	P	200 Breast	12/14/2007	Age Group Challenge 2007	
26.55 S	F	25 Fly	5/11/2003	Summer Wind up Junior Circuit	
28.92 S	F	50 Fly	12/3/2009	Scotiabank Prairie Winter International 2009	
29.51 L	F	50 Fly	4/24/2009	Chinook Invitational 2009	
1:02.62 S	F	100 Fly	12/3/2009	Scotiabank Prairie Winter International 2009	
1:08.35 L	F	100 Fly	4/24/2010	Chinook Invitational 2010	
2:46.75 S	F	200 Fly	1/18/2008	Blue Bears Invitational 2008	
3:05.90 L	F	200 Fly	4/25/2008	34th Chinook Invitational	
1:06.28 S	F	100 IM	1/29/2010	2010 SPEEDO AB Senior Prov Championships SC	
2:20.07 S	F	200 IM	12/3/2009	Scotiabank Prairie Winter International 2009	
2:27.37 L	F	200 IM	4/30/2009	Edmonton Keyano International	
4:59.60 S	F	400 IM	12/3/2009	Scotiabank Prairie Winter International 2009	
5:57.00 L	F	400 IM	5/23/2008	NCSA Corral City Classic 2008	
<b>Goodway, Anna (17) F</b>					
1:05.34 S	F	100 Free	10/24/2009	LA Swim Club Fall Challenge	
2:21.68 S	F	200 Free	10/24/2009	LA Swim Club Fall Challenge	
5:04.04 S	F	400 Free	10/24/2009	LA Swim Club Fall Challenge	
37.08 S	F	50 Breast	10/24/2009	LA Swim Club Fall Challenge	
1:19.05 S	P	100 Breast	11/7/2009	23rd Annual Cascade Slingshot Speedmeet-Blue	
2:48.58 S	F	200 Breast	10/24/2009	LA Swim Club Fall Challenge	
2:38.17 S	P	200 IM	11/7/2009	23rd Annual Cascade Slingshot Speedmeet-Blue	
<b>Grasdal, Mark (15) M</b>					
25.91 S	P	50 Free	1/29/2010	2010 SPEEDO AB Senior Prov Championships SC	
26.45 L	F	50 Free	4/29/2010	EKI 2010	
56.07 S	F	100 Free	12/3/2009	Scotiabank Prairie Winter International 2009	
58.03 L	F	100 Free	4/29/2010	EKI 2010	
1:59.39 S	P	200 Free	2/18/2010	Speedo Western Canadian Championships	
2:04.87 L	F	200 Free	4/29/2010	EKI 2010	
4:12.59 S	P	400 Free	2/18/2010	Speedo Western Canadian Championships	
4:20.67 L	S	400 Free	7/15/2009	Championnats canadiens groupe	
8:41.26 S	F	800 Free	2/18/2010	Speedo Western Canadian Championships	
9:05.76 L	F	800 Free	7/15/2009	Championnats canadiens groupe	
16:48.04 S	F	1500 Free	12/3/2009	Scotiabank Prairie Winter International 2009	
17:41.18 L	F	1500 Free	4/30/2009	Edmonton Keyano International	
31.34 S	F	50 Back	2/23/2010	CWC invitational Feb 23, 2010	
36.93 L	F	50 Back	4/20/2007	33rd Chinook Invitational	
1:15.49 S	F	100 Back	1/18/2008	Blue Bears Invitational 2008	
1:15.49 L	P	100 Back	6/6/2008	Cascade Swimming International 2008	
2:29.83 S	F	200 Back	1/24/2009	Pugsley's_Plunge_2009	
2:36.10 L	F	200 Back	4/24/2009	Chinook Invitational 2009	
36.41 S	F	50 Breast	2/23/2010	CWC invitational Feb 23, 2010	
45.84 L	P	50 Breast	1/6/2006	Cascade LC Speed Meet 2006	
1:30.58 S	P	100 Breast	12/14/2007	Age Group Challenge 2007	
1:32.34 L	F	100 Breast	5/23/2008	NCSA Corral City Classic 2008	
3:13.68 S	P	200 Breast	12/14/2007	Age Group Challenge 2007	
3:38.24 L	P	200 Breast	1/6/2006	Cascade LC Speed Meet 2006	
21.34 S	F	25 Fly	11/3/2006	Annual Cascade Speed Meet	
28.47 S	F	50 Fly	12/3/2009	Scotiabank Prairie Winter International 2009	
29.33 L	F	50 Fly	6/5/2009	Cascade Swimming International 2009	
1:02.45 S	F	100 Fly	12/3/2009	Scotiabank Prairie Winter International 2009	
1:03.15 L	F	100 Fly	4/29/2010	EKI 2010	
2:15.61 S	F	200 Fly	1/29/2010	2010 SPEEDO AB Senior Prov Championships SC	
2:20.58 L	F	200 Fly	4/29/2010	EKI 2010	

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### Individual Top Times

Time	P/F/S	Event		
<b>Grasdal, Mark (15) M</b>				
1:06.69 S	F	100 IM	1/29/2010	2010 SPEEDO AB Senior Prov Championships SC
2:26.19 S	P	200 IM	2/27/2009	2009 SPEEDO AB Senior Prov Championships SC
2:26.91 L	F	200 IM	4/30/2009	Edmonton Keyano International
4:59.15 S	P	400 IM	12/3/2009	Scotiabank Prairie Winter International 2009
5:37.09 L	F	400 IM	5/23/2008	NCSA Corral City Classic 2008
<b>Henderson, Ayleigh (16) F</b>				
31.48 S	P	50 Free	12/3/2009	Scotiabank Prairie Winter International 2009
31.98 L	P	50 Free	6/27/2009	2009 SPEEDO AB Age & Sr. Championships LC
1:10.28 S L	F	100 Free	2/27/2009	2009 SPEEDO AB Senior Prov Championships SC
1:11.81 L	P	100 Free	4/29/2010	EKI 2010
2:30.96 S	P	200 Free	12/3/2009	Scotiabank Prairie Winter International 2009
2:37.62 L	P	200 Free	4/29/2010	EKI 2010
5:34.98 S	P	400 Free	2/27/2009	2009 SPEEDO AB Senior Prov Championships SC
5:59.62 L	F	400 Free	5/23/2008	NCSA Corral City Classic 2008
25.58 S	F	25 Back	2/12/2005	Junior Circuit Meet - Feb. 12/2005
39.61 S	F	50 Back	3/20/2010	TAS Open Meet
41.93 L L	F	50 Back	5/23/2008	NCSA Corral City Classic 2008
1:27.98 S	F	100 Back	3/20/2010	TAS Open Meet
1:30.42 L	F	100 Back	4/24/2009	Chinook Invitational 2009
3:04.53 S	F	200 Back	3/20/2010	TAS Open Meet
30.22 S	F	25 Breast	2/12/2005	Junior Circuit Meet - Feb. 12/2005
39.72 S	P	50 Breast	1/29/2010	2010 SPEEDO AB Senior Prov Championships SC
41.16 L	F	50 Breast	4/24/2010	Chinook Invitational 2010
1:25.66 S	P	100 Breast	12/3/2009	Scotiabank Prairie Winter International 2009
1:29.09 L	P	100 Breast	4/29/2010	EKI 2010
3:10.13 S	P	200 Breast	12/3/2009	Scotiabank Prairie Winter International 2009
3:22.30 L	F	200 Breast	4/24/2010	Chinook Invitational 2010
29.09 S	F	25 Fly	2/12/2005	Junior Circuit Meet - Feb. 12/2005
38.70 S	P	50 Fly	2/27/2009	2009 SPEEDO AB Senior Prov Championships SC
40.75 L	P	50 Fly	6/6/2008	2008 Freeze or Fry
1:36.54 S	F	100 Fly	1/24/2009	Pugsley's_Plunge_2009
2:02.68 L	F	100 Fly	6/2/2006	2006 UCSC T-Rex
1:20.85 S	P	100 IM	1/29/2010	2010 SPEEDO AB Senior Prov Championships SC
2:56.74 S	P	200 IM	12/3/2009	Scotiabank Prairie Winter International 2009
3:04.09 L	P	200 IM	4/29/2010	EKI 2010
<b>Hibberd, David (20) M</b>				
23.03 S	F	50 Free	2/18/2010	Speedo Western Canadian Championships
24.11 L	F	50 Free	7/24/2008	2008 Age Group Nationals
49.22 S	F	100 Free	8/24/2009	Canada Games 2009
51.15 L	F	100 Free	7/8/2009	2009 World Championship Trials
1:52.05 S	F	200 Free	3/11/2009	2009 SNC Spring Nationals
1:52.05 S	P	200 Free	3/11/2009	2009 SNC Spring Nationals
1:55.82 L	P	200 Free	7/8/2009	2009 World Championship Trials
4:59.67 S	F	400 Free	11/8/2002	NIKE SPEED MEET
5:00.10 L	F	400 Free	6/19/2003	2003 International Age Group Invitational
10:32.84 S	F	800 Free	12/14/2002	Provincial Team Championships
19:22.45 S	F	1500 Free	11/28/2002	Prairie Winter International 2002
29.91 S	F	50 Back	12/8/2006	2006 PCS Christmas Cracker Meet
30.95 L	P	50 Back	6/6/2008	Cascade Swimming International 2008
1:03.30 S	F	100 Back	12/8/2006	2006 PCS Christmas Cracker Meet
x1:07.16 L	P	100 Back	5/1/2008	Edmonton Keyano International
2:45.86 L	P	200 Back	6/19/2003	2003 International Age Group Invitational
31.37 L	P	50 Breast	5/22/2009	2009 Mel Zajac Jr International
32.41 S	P	50 Breast	2/15/2007	2007 Speedo Western Canadian C
1:03.49 S	F	100 Breast	2/18/2010	Speedo Western Canadian Championships
1:07.29 L	F	100 Breast	5/22/2009	2009 Mel Zajac Jr International
2:34.44 S	P	200 Breast	3/2/2007	AB SENIOR PROVINCIAL CHAMPIONSHIPS

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Time	P/F/S	Event			
<b>Hibberd, David (20) M</b>					
2:36.79 L	F	200 Breast	5/23/2008	NCSA Corral City Classic 2008	
25.77 S	F	50 Fly	2/18/2010	Speedo Western Canadian Championships	
26.85 L	F	50 Fly	6/5/2009	Cascade Swimming International 2009	
56.71 S	P	100 Fly	2/18/2010	Speedo Western Canadian Championships	
57.71 L	P	100 Fly	7/8/2009	2009 World Championship Trials	
2:51.40 S	F	200 Fly	12/14/2002	Provincial Team Championships	
3:02.48 L	P	200 Fly	4/25/2003	EKI	
1:08.22 S	F	100 IM	10/14/2006	2006 Fall Start Up	
2:03.02 S	F	200 IM	8/24/2009	Canada Games 2009	
2:08.23 L	F	200 IM	7/8/2009	2009 World Championship Trials	
5:32.89 S	F	400 IM	11/28/2002	Prairie Winter International 2002	
5:51.71 L	F	400 IM	7/11/2003	Alberta Age Group Champs Long Course 2003	
<b>Hibberd, Steven (18) M</b>					
23.85 S L	F	50 Free	12/4/2008	Scotiabank Prairie Winter International	
25.33 L L	F	50 Free	6/27/2009	2009 SPEEDO AB Age & Sr. Championships LC	
25.33 L L	F	50 Free	6/27/2009	2009 SPEEDO AB Age & Sr. Championships LC	
52.17 S	F	100 Free	12/4/2008	Scotiabank Prairie Winter International	
54.30 L L	F	100 Free	7/24/2008	2008 Age Group Nationals	
1:54.57 S	P	200 Free	2/12/2009	2009 Speedo Western Canadian SC Championships	
2:02.27 L	P	200 Free	5/22/2009	2009 Mel Zajac Jr International	
4:15.97 S	F	400 Free	12/4/2008	Scotiabank Prairie Winter International	
4:24.57 L	P	400 Free	7/15/2009	Championnats canadiens groupe	
9:13.30 S	F	800 Free	1/18/2008	Blue Bears Invitational 2008	
22:41.71 S	F	1500 Free	1/16/2004	Edmonton Keyano's Blue Bears 2004	
29.44 S	F	50 Back	12/4/2008	Scotiabank Prairie Winter International	
31.77 L	P	50 Back	6/27/2009	2009 SPEEDO AB Age & Sr. Championships LC	
1:02.85 S	F	100 Back	2/27/2009	2009 SPEEDO AB Senior Prov Championships SC	
1:06.96 L	P	100 Back	3/7/2008	2008 Alberta Senior Provincial Championship	
2:22.33 S	F	200 Back	3/1/2008	KSC Last Chance Meet	
2:30.30 L	F	200 Back	5/23/2008	NCSA Corral City Classic 2008	
35.79 S	F	50 Breast	12/14/2007	Age Group Challenge 2007	
1:17.43 S	F	100 Breast	3/1/2008	KSC Last Chance Meet	
1:36.45 L	F	100 Breast	4/28/2006	32nd Chinook Invitational	
2:49.74 S	F	200 Breast	12/14/2007	Age Group Challenge 2007	
26.27 S	F	50 Fly	12/4/2008	Scotiabank Prairie Winter International	
27.30 L	P	50 Fly	7/15/2009	Championnats canadiens groupe	
59.48 S	P	100 Fly	2/12/2009	2009 Speedo Western Canadian SC Championships	
1:00.67 L	P	100 Fly	7/15/2009	Championnats canadiens groupe	
2:26.25 S	F	200 Fly	3/1/2008	KSC Last Chance Meet	
2:30.73 L	F	200 Fly	7/5/2007	2007 AB Age Group / Senior Champs LC	
1:02.28 S	F	100 IM	2/27/2009	2009 SPEEDO AB Senior Prov Championships SC	
2:14.54 S	P	200 IM	12/4/2008	Scotiabank Prairie Winter International	
2:22.33 L	P	200 IM	7/15/2009	Championnats canadiens groupe	
5:09.53 S	F	400 IM	12/14/2007	Age Group Challenge 2007	
6:43.77 L	F	400 IM	5/23/2003	NCSA Corral City Classic	
<b>Johnson, Rhys (13) M</b>					
21.36 S	F	25 Free	11/13/2004	16th Annual Poppy Invitational Swim Meet	
27.40 S	F	50 Free	3/20/2009	2009 SPEEDO Alberta Age Group Provincials SC	
28.29 L	P	50 Free	6/5/2009	Cascade Swimming International 2009	
58.90 S	F	100 Free	12/3/2009	Scotiabank Prairie Winter International 2009	
1:01.13 L	P	100 Free	4/29/2010	EKI 2010	
2:06.60 S	P	200 Free	12/3/2009	Scotiabank Prairie Winter International 2009	
2:14.31 L	F	200 Free	4/24/2010	Chinook Invitational 2010	
4:40.58 S	F	400 Free	10/24/2009	LA Swim Club Fall Challenge	
5:02.93 L	F	400 Free	5/29/2009	NCSA Corral City Classic 2009	
10:02.05 S	F	800 Free	12/4/2008	Scotiabank Prairie Winter International	
10:29.82 L	F	800 Free	4/30/2009	Edmonton Keyano International	

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### Individual Top Times

Time	P/F/S	Event			
<b>Johnson, Rhys (13) M</b>					
20:41.89 S	F	1500 Free	11/8/2008	Slingshot Speed Meet - Blue	
21:44.71 L	F	1500 Free	5/23/2008	NCSA Corral City Classic 2008	
24.55 S	F	25 Back	11/13/2004	16th Annual Poppy Invitational Swim Meet	
32.74 S	P	50 Back	2/27/2009	2009 SPEEDO AB Senior Prov Championships SC	
36.20 L L	F	50 Back	5/23/2008	NCSA Corral City Classic 2008	
1:04.92 S	P	100 Back	3/5/2010	2010 Speedo Alberta Age Group Provincials SC	
1:08.56 L	P	100 Back	4/29/2010	EKI 2010	
2:21.05 S	F	200 Back	1/29/2010	2010 SPEEDO AB Senior Prov Championships SC	
2:26.97 L	F	200 Back	4/29/2010	EKI 2010	
28.11 S	F	25 Breast	11/13/2004	16th Annual Poppy Invitational Swim Meet	
32.27 S	F	50 Breast	12/3/2009	Scotiabank Prairie Winter International 2009	
33.88 L	F	50 Breast	7/15/2009	Championnats canadiens groupe	
1:10.34 S	F	100 Breast	12/3/2009	Scotiabank Prairie Winter International 2009	
1:14.12 L	P	100 Breast	7/15/2009	Championnats canadiens groupe	
2:30.61 S	F	200 Breast	12/3/2009	Scotiabank Prairie Winter International 2009	
2:42.28 L	F	200 Breast	7/15/2009	Championnats canadiens groupe	
18.59 S	F	25 Fly	4/8/2006	2006 Dino Cup	
28.70 S	F	50 Fly	12/3/2009	Scotiabank Prairie Winter International 2009	
29.36 L	F	50 Fly	7/15/2009	Championnats canadiens groupe	
1:05.43 S	F	100 Fly	3/5/2010	2010 Speedo Alberta Age Group Provincials SC	
1:10.66 L	F	100 Fly	4/30/2009	Edmonton Keyano International	
2:50.66 S	F	200 Fly	1/24/2009	Pugsley's_Plunge_2009	
3:16.17 L	F	200 Fly	4/25/2008	34th Chinok Invitational	
1:06.24 S	P	100 IM	1/29/2010	2010 SPEEDO AB Senior Prov Championships SC	
2:19.38 S	F	200 IM	12/3/2009	Scotiabank Prairie Winter International 2009	
2:23.68 L	F	200 IM	7/15/2009	Championnats canadiens groupe	
4:54.63 S	P	400 IM	12/3/2009	Scotiabank Prairie Winter International 2009	
5:10.07 L	F	400 IM	4/29/2010	EKI 2010	
<b>Keenan, Kelly (16) M</b>					
30.12 S	P	50 Free	12/3/2009	Scotiabank Prairie Winter International 2009	
31.48 L	F	50 Free	5/1/2010	spring challenge	
1:04.85 S	P	100 Free	12/3/2009	Scotiabank Prairie Winter International 2009	
1:08.49 L	F	100 Free	5/1/2010	spring challenge	
2:19.18 S	P	200 Free	12/3/2009	Scotiabank Prairie Winter International 2009	
2:24.42 L	F	200 Free	4/24/2010	Chinook Invitational 2010	
x4:56.23 S	P	400 Free	12/3/2009	Scotiabank Prairie Winter International 2009	
5:03.52 L	F	400 Free	5/29/2010	TREX	
10:11.81 S	F	800 Free	1/29/2010	2010 SPEEDO AB Senior Prov Championships SC	
11:23.44 L	F	800 Free	6/27/2009	2009 SPEEDO AB Age & Sr. Championships LC	
19:30.87 S	F	1500 Free	1/29/2010	2010 SPEEDO AB Senior Prov Championships SC	
20:08.57 L	F	1500 Free	5/1/2010	spring challenge	
43.09 S	P	50 Back	12/14/2007	Age Group Challenge 2007	
43.63 L	F	50 Back	5/23/2008	NCSA Corral City Classic 2008	
1:34.53 S	P	100 Back	2/1/2008	PRONGHORN CLASSIC 2008	
1:36.02 L	F	100 Back	4/25/2008	34th Chinok Invitational	
3:24.74 L	F	200 Back	5/2/2008	2008 Spring Challenge	
3:34.16 S	F	200 Back	11/24/2007	Winter Cup 2007	
40.41 S	F	25 Breast	2/12/2005	Junior Circuit Meet - Feb. 12/2005	
47.22 L	F	50 Breast	5/29/2009	NCSA Corral City Classic 2009	
50.25 S	F	50 Breast	12/13/2008	Nike Killarney Swim Club Meet	
1:38.10 S	P	100 Breast	2/20/2009	2009Team Aquatic Supplies Alberta AGT SC	
1:39.44 L	F	100 Breast	4/24/2009	Chinook Invitational 2009	
33.46 S	F	25 Fly	2/12/2005	Junior Circuit Meet - Feb. 12/2005	
32.93 S	F	50 Fly	12/3/2009	Scotiabank Prairie Winter International 2009	
34.89 L	F	50 Fly	5/1/2010	spring challenge	
1:17.84 S	P	100 Fly	12/3/2009	Scotiabank Prairie Winter International 2009	
1:23.80 L	F	100 Fly	5/1/2010	spring challenge	
3:41.87 L	F	200 Fly	5/29/2009	NCSA Corral City Classic 2009	

## KILLARNEY SWIM CLUB

### Individual Top Times

Time	P/F/S	Event			
<b>Keenan, Kelly (16) M</b>					
3:44.24 S	F	200 Fly	12/13/2008	Nike Killarney Swim Club Meet	
1:22.47 S	P	100 IM	1/30/2009	Pronghorn Classic 2009	
2:54.61 S	P	200 IM	12/3/2009	Scotiabank Prairie Winter International 2009	
3:02.61 L	F	200 IM	4/24/2009	Chinook Invitational 2009	
6:53.05 L	F	400 IM	5/29/2009	NCSA Corral City Classic 2009	
7:20.79 S	P	400 IM	2/22/2008	2008 Speedo Short Course Alberta Age Group Tr	
<b>Kwon, David (15) M</b>					
26.21 S	S	50 Free	12/3/2009	Scotiabank Prairie Winter International 2009	
27.06 L	F	50 Free	4/29/2010	EKI 2010	
57.09 S	F	100 Free	12/3/2009	Scotiabank Prairie Winter International 2009	
59.92 L	F	100 Free	5/29/2010	TREX	
2:07.51 S	F	200 Free	12/3/2009	Scotiabank Prairie Winter International 2009	
2:08.60 L	P	200 Free	4/29/2010	EKI 2010	
4:42.30 S	F	400 Free	10/24/2009	LA Swim Club Fall Challenge	
33.41 S	F	50 Breast	12/3/2009	Scotiabank Prairie Winter International 2009	
1:13.21 S	F	100 Breast	1/15/2010	Grand Prix 2010	
1:17.38 L	F	100 Breast	5/29/2010	TREX	
2:48.32 S	P	200 Breast	1/15/2010	Grand Prix 2010	
2:50.98 L	P	200 Breast	4/29/2010	EKI 2010	
28.91 S	F	50 Fly	12/3/2009	Scotiabank Prairie Winter International 2009	
1:02.54 S	F	100 Fly	1/15/2010	Grand Prix 2010	
1:04.17 L	F	100 Fly	5/29/2010	TREX	
2:26.74 S	P	200 Fly	12/3/2009	Scotiabank Prairie Winter International 2009	
2:27.85 L	F	200 Fly	5/29/2010	TREX	
1:06.87 S	P	100 IM	1/29/2010	2010 SPEEDO AB Senior Prov Championships SC	
2:24.01 S	F	200 IM	12/3/2009	Scotiabank Prairie Winter International 2009	
2:29.44 L	F	200 IM	4/29/2010	EKI 2010	
<b>Mackie, Philip (16) M</b>					
25.58 S	P	50 Free	12/3/2009	Scotiabank Prairie Winter International 2009	
27.13 L	P	50 Free	4/29/2010	EKI 2010	
57.08 S	P	100 Free	12/3/2009	Scotiabank Prairie Winter International 2009	
59.94 L	P	100 Free	4/29/2010	EKI 2010	
2:02.29 S	P	200 Free	12/3/2009	Scotiabank Prairie Winter International 2009	
2:12.07 L	P	200 Free	4/30/2009	Edmonton Keyano International	
4:38.83 S	F	400 Free	10/24/2009	LA Swim Club Fall Challenge	
5:26.03 L	P	400 Free	1/6/2006	Cascade LC Speed Meet 2006	
10:08.32 S	F	800 Free	10/25/2007	31th Annual Harry Bailey Meet	
12:08.66 L	F	800 Free	6/30/2005	AB CENTENNIAL AG/SEN CHAMPS - LC 2005	
20:20.15 S	F	1500 Free	10/26/2006	30th Annual Harry Bailey Meet	
22:37.38 L	F	1500 Free	5/4/2006	Edmonton Keyano International	
33.33 S	F	50 Back	2/23/2010	CWC invitational Feb 23, 2010	
34.89 L	F	50 Back	4/25/2008	34th Chinok Invitational	
1:14.23 S	P	100 Back	12/14/2007	Age Group Challenge 2007	
1:15.90 L	F	100 Back	4/25/2008	34th Chinok Invitational	
2:53.99 S	F	200 Back	1/12/2007	Grand Prix_U.C.S.C. Invitational	
2:54.56 L	F	200 Back	4/20/2007	33rd Chinook Invitational	
31.83 S	F	50 Breast	12/3/2009	Scotiabank Prairie Winter International 2009	
34.01 L	P	50 Breast	7/15/2009	Championnats canadiens groupe	
1:09.92 S	P	100 Breast	12/3/2009	Scotiabank Prairie Winter International 2009	
1:13.57 L	P	100 Breast	7/15/2009	Championnats canadiens groupe	
2:29.60 S	F	200 Breast	12/3/2009	Scotiabank Prairie Winter International 2009	
2:43.45 L	F	200 Breast	4/29/2010	EKI 2010	
27.86 S	F	50 Fly	12/3/2009	Scotiabank Prairie Winter International 2009	
29.76 L	F	50 Fly	4/24/2009	Chinook Invitational 2009	
1:05.04 S	P	100 Fly	1/29/2010	2010 SPEEDO AB Senior Prov Championships SC	
1:07.27 L	P	100 Fly	4/30/2009	Edmonton Keyano International	
2:34.22 S	P	200 Fly	1/15/2010	Grand Prix 2010	

## KILLARNEY SWIM CLUB

### Individual Top Times

Time	P/F/S	Event			
<b>Mackie, Philip (16) M</b>					
2:53.75 L	F	200 Fly	4/20/2007	33rd Chinook Invitational	
1:04.20 S	P	100 IM	1/29/2010	2010 SPEEDO AB Senior Prov Championships SC	
2:18.77 S	P	200 IM	12/3/2009	Scotiabank Prairie Winter International 2009	
2:23.67 L	P	200 IM	7/15/2009	Championnats canadiens groupe	
4:51.25 S	P	400 IM	2/18/2010	Speedo Western Canadian Championships	
5:17.15 L	P	400 IM	4/29/2010	EKI 2010	
<b>Morley, Sydney (18) F</b>					
30.83 L	F	50 Free	5/29/2010	TREX	
1:09.86 L	F	100 Free	5/29/2010	TREX	
2:26.50 L	P	200 Free	7/15/2009	Championnats canadiens groupe	
5:02.08 L	P	400 Free	7/15/2009	Championnats canadiens groupe	
19:39.22 L	F	1500 Free	7/15/2009	Championnats canadiens groupe	
33.35 L	P	50 Fly	7/15/2009	Championnats canadiens groupe	
1:18.52 L	F	100 Fly	5/29/2010	TREX	
<b>Murphy, Paula (15) F</b>					
22.61 S	F	25 Free	10/18/2003	Halloween Howler 03 KSC	
33.53 S	F	50 Free	12/13/2008	Nike Killarney Swim Club Meet	
34.03 L	F	50 Free	4/25/2008	34th Chinok Invitational	
1:13.24 S	F	100 Free	1/24/2009	Pugsley's_Plunge_2009	
1:15.19 L	F	100 Free	5/29/2009	NCSA Corral City Classic 2009	
2:40.46 S	F	200 Free	1/24/2009	Pugsley's_Plunge_2009	
2:43.09 L	P	200 Free	6/12/2009	2009 Team Aquatic Supplies Alberta Age Group	
5:49.00 S	F	400 Free	12/13/2008	Nike Killarney Swim Club Meet	
5:51.92 L	F	400 Free	5/29/2009	NCSA Corral City Classic 2009	
11:56.29 L	F	800 Free	5/23/2008	NCSA Corral City Classic 2008	
12:51.67 S	F	800 Free	12/15/2006	Age Group Challenge	
29.47 S	F	25 Back	10/18/2003	Halloween Howler 03 KSC	
37.78 S	F	50 Back	12/13/2008	Nike Killarney Swim Club Meet	
38.29 L L	F	50 Back	4/25/2008	34th Chinok Invitational	
1:20.11 L	F	100 Back	6/12/2009	2009 Team Aquatic Supplies Alberta Age Group	
1:21.77 S	F	100 Back	12/13/2008	Nike Killarney Swim Club Meet	
2:54.20 L	F	200 Back	6/13/2008	2008 Speedo Alberta Age Group Trials LC	
2:55.95 S	F	200 Back	12/13/2008	Nike Killarney Swim Club Meet	
35.63 S	F	25 Breast	10/18/2003	Halloween Howler 03 KSC	
45.24 L	F	50 Breast	5/29/2009	NCSA Corral City Classic 2009	
51.44 S	F	50 Breast	1/28/2006	PUGSLEY'S PLUNGE	
1:36.79 S	F	100 Breast	1/24/2009	Pugsley's_Plunge_2009	
1:40.76 L	F	100 Breast	4/24/2009	Chinook Invitational 2009	
3:59.80 L	F	200 Breast	6/2/2006	2006 UCSC T-Rex	
4:09.68 S	F	200 Breast	10/29/2005	LASC Fall Challenge	
24.58 S	F	25 Fly	12/13/2003	Crazy Hat Day NCSA	
39.16 L	F	50 Fly	4/24/2009	Chinook Invitational 2009	
46.17 S	F	50 Fly	11/18/2006	18th Annual Annual Poppy Invitational Swim Me	
1:38.71 S	F	100 Fly	2/23/2007	SPEEDO ALBERTA AGE GROUP TRIALS-SHORT COURSE	
1:50.97 L	P	100 Fly	6/9/2006	Alberta Trials LC 2006	
1:31.57 S	F	100 IM	9/22/2007	September Splash Dual Meet	
3:02.95 S	F	200 IM	12/13/2008	Nike Killarney Swim Club Meet	
3:03.04 L	P	200 IM	6/13/2008	2008 Speedo Alberta Age Group Trials LC	
<b>Nickerson, Kevin (19) M</b>					
26.56 L	F	50 Free	5/29/2009	NCSA Corral City Classic 2009	
27.01 S	P	50 Free	12/14/2007	Age Group Challenge 2007	
54.76 S	F	100 Free	2/27/2009	2009 SPEEDO AB Senior Prov Championships SC	
55.44 L	P	100 Free	7/15/2009	Championnats canadiens groupe	
1:59.61 S	P	200 Free	2/18/2010	Speedo Western Canadian Championships	
2:01.38 L	P	200 Free	7/15/2009	Championnats canadiens groupe	
4:10.84 S	F	400 Free	2/18/2010	Speedo Western Canadian Championships	
4:21.25 L	P	400 Free	7/15/2009	Championnats canadiens groupe	

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### Individual Top Times

Time	P/F/S	Event			
<b>Nickerson, Kevin (19) M</b>					
8:45.21 S	F	800 Free	12/4/2008	Scotiabank Prairie Winter International	
8:54.18 L	F	800 Free	7/15/2009	Championnats canadiens groupe	
16:44.14 S	F	1500 Free	2/18/2010	Speedo Western Canadian Championships	
16:57.96 L	F	1500 Free	7/15/2009	Championnats canadiens groupe	
1:08.59 L	F	5000 Free	7/19/2007	Championnats nationaux groupe	
34.53 L L	F	50 Back	5/4/2007	40th Anniversary ROD Invitational 2007	
34.64 S	F	50 Back	11/18/2006	18th Annual Annual Poppy Invitational Swim Me	
1:08.14 S	P	100 Back	11/29/2007	Scotia Bank Prairie Winter 2007	
1:09.07 L	F	100 Back	4/24/2009	Chinook Invitational 2009	
2:18.57 S	F	200 Back	12/4/2008	Scotiabank Prairie Winter International	
2:26.60 L	F	200 Back	6/5/2009	Cascade Swimming International 2009	
38.80 S	P	50 Breast	12/14/2007	Age Group Challenge 2007	
42.63 L	F	50 Breast	6/2/2006	2006 UCSC T-Rex	
1:22.34 S	P	100 Breast	12/14/2007	Age Group Challenge 2007	
1:41.40 L	F	100 Breast	6/10/2005	RDCSC Freeze or Fry Swim Meet	
2:54.87 L	F	200 Breast	4/24/2009	Chinook Invitational 2009	
2:58.82 S	P	200 Breast	12/14/2007	Age Group Challenge 2007	
28.80 S	F	50 Fly	12/4/2008	Scotiabank Prairie Winter International	
30.64 L	F	50 Fly	5/23/2008	NCSA Corral City Classic 2008	
1:02.46 S	P	100 Fly	2/27/2009	2009 SPEEDO AB Senior Prov Championships SC	
1:03.96 L	F	100 Fly	4/24/2009	Chinook Invitational 2009	
2:12.04 S	F	200 Fly	2/18/2010	Speedo Western Canadian Championships	
2:15.10 L	P	200 Fly	7/15/2009	Championnats canadiens groupe	
1:04.47 S	P	100 IM	2/27/2009	2009 SPEEDO AB Senior Prov Championships SC	
2:17.02 S	F	200 IM	2/27/2009	2009 SPEEDO AB Senior Prov Championships SC	
2:18.11 L	P	200 IM	7/15/2009	Championnats canadiens groupe	
4:44.38 S	F	400 IM	2/18/2010	Speedo Western Canadian Championships	
4:53.02 L	P	400 IM	7/15/2009	Championnats canadiens groupe	
<b>Ozar, Brittany (20) F</b>					
27.90 L	P	50 Free	5/22/2009	2009 Mel Zajac Jr International	
56.46 S	F	100 Free	2/12/2009	2009 Speedo Western Canadian SC Championships	
59.58 L	P	100 Free	7/8/2009	2009 World Championship Trials	
2:01.17 S	F	200 Free	2/12/2009	2009 Speedo Western Canadian SC Championships	
2:06.77 L	P	200 Free	5/22/2009	2009 Mel Zajac Jr International	
4:15.27 S	F	400 Free	2/12/2009	2009 Speedo Western Canadian SC Championships	
4:27.59 L	P	400 Free	7/8/2009	2009 World Championship Trials	
9:03.63 S	F	800 Free	2/12/2009	2009 Speedo Western Canadian SC Championships	
9:25.61 L	F	800 Free	6/5/2009	Cascade Swimming International 2009	
30.37 S	F	50 Back	2/14/2008	2008 Speedo Western Canadian Championships	
31.97 L	P	50 Back	7/8/2009	2009 World Championship Trials	
1:03.48 S	F	100 Back	2/14/2008	2008 Speedo Western Canadian Championships	
1:08.71 L	P	100 Back	5/22/2009	2009 Mel Zajac Jr International	
2:12.48 S	F	200 Back	2/12/2009	2009 Speedo Western Canadian SC Championships	
2:28.25 L	P	200 Back	6/5/2009	Cascade Swimming International 2009	
37.22 L	P	50 Breast	5/22/2009	2009 Mel Zajac Jr International	
1:15.86 S	F	100 Breast	1/24/2009	Pugsley's_Plunge_2009	
2:44.20 S	F	200 Breast	1/24/2009	Pugsley's_Plunge_2009	
2:54.73 L	F	200 Breast	4/24/2009	Chinook Invitational 2009	
28.59 S	P	50 Fly	2/12/2009	2009 Speedo Western Canadian SC Championships	
29.74 L	P	50 Fly	7/8/2009	2009 World Championship Trials	
1:05.61 S	F	100 Fly	1/24/2009	Pugsley's_Plunge_2009	
1:06.56 L	P	100 Fly	5/22/2009	2009 Mel Zajac Jr International	
2:35.94 L	P	200 Fly	6/5/2009	Cascade Swimming International 2009	
2:14.68 S	F	200 IM	2/12/2009	2009 Speedo Western Canadian SC Championships	
2:26.18 L	P	200 IM	5/22/2009	2009 Mel Zajac Jr International	
4:57.08 S	F	400 IM	12/4/2008	Scotiabank Prairie Winter International	
5:17.25 L	F	400 IM	6/5/2009	Cascade Swimming International 2009	

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### Individual Top Times

Time	P/F/S	Event		
<b>Rees, Bradley (16) M</b>				
28.03 S	P	50 Free	12/3/2009	Scotiabank Prairie Winter International 2009
29.32 L	P	50 Free	7/15/2009	Championnats canadiens groupe
1:02.43 S	P	100 Free	12/3/2009	Scotiabank Prairie Winter International 2009
1:10.39 L	F	100 Free	5/23/2008	NCSA Corral City Classic 2008
2:35.66 L	F	200 Free	4/25/2008	34th Chinok Invitational
2:40.27 S	F	200 Free	2/10/2008	Timmerman's Invitational 2008
5:19.34 S	F	400 Free	10/24/2009	LA Swim Club Fall Challenge
6:00.57 L	F	400 Free	5/19/2007	Leduc LC Invitational
11:30.45 L	F	800 Free	5/23/2008	NCSA Corral City Classic 2008
11:38.48 S	F	800 Free	1/18/2008	Blue Bears Invitational 2008
23:15.17 S	F	1500 Free	12/14/2007	Age Group Challenge 2007
24.27 S	F	25 Back	3/12/2005	Junior Circuit March 12, 2005
30.14 S	F	50 Back	12/3/2009	Scotiabank Prairie Winter International 2009
31.04 L	P	50 Back	6/27/2009	2009 SPEEDO AB Age & Sr. Championships LC
1:06.05 S	P	100 Back	12/3/2009	Scotiabank Prairie Winter International 2009
1:07.28 L	P	100 Back	7/15/2009	Championnats canadiens groupe
2:22.59 S	P	200 Back	12/3/2009	Scotiabank Prairie Winter International 2009
2:31.36 L	P	200 Back	7/15/2009	Championnats canadiens groupe
30.07 S	F	25 Breast	2/12/2005	Junior Circuit Meet - Feb. 12/2005
36.36 S	P	50 Breast	1/29/2010	2010 SPEEDO AB Senior Prov Championships SC
38.72 L	P	50 Breast	7/3/2008	Alberta Age Group/Senior Long Course Champs
1:20.43 S	F	100 Breast	12/4/2008	Scotiabank Prairie Winter International
1:24.58 L	P	100 Breast	6/27/2009	2009 SPEEDO AB Age & Sr. Championships LC
2:51.87 S	P	200 Breast	12/4/2008	Scotiabank Prairie Winter International
3:08.63 L	F	200 Breast	7/3/2008	Alberta Age Group/Senior Long Course Champs
24.10 S	F	25 Fly	2/12/2005	Junior Circuit Meet - Feb. 12/2005
32.93 S	P	50 Fly	2/27/2009	2009 SPEEDO AB Senior Prov Championships SC
33.69 L	P	50 Fly	7/3/2008	Alberta Age Group/Senior Long Course Champs
1:20.38 S	P	100 Fly	11/7/2009	23rd Annual Cascade Slingshot Speedmeet-Blue
1:51.38 L	F	100 Fly	6/2/2006	2006 UCSC T-Rex
3:19.60 S	F	200 Fly	3/1/2008	KSC Last Chance Meet
1:11.57 S	P	100 IM	1/30/2009	Pronghorn Classic 2009
2:32.05 S	P	200 IM	12/4/2008	Scotiabank Prairie Winter International
2:44.33 L	F	200 IM	5/23/2008	NCSA Corral City Classic 2008
6:10.78 S	P	400 IM	12/14/2007	Age Group Challenge 2007
6:11.68 L	P	400 IM	6/6/2008	Cascade Swimming International 2008
<b>Sandall, Robby (16) M</b>				
27.58 S	P	50 Free	12/3/2009	Scotiabank Prairie Winter International 2009
29.04 L	P	50 Free	6/5/2009	Cascade Swimming International 2009
59.31 S	P	100 Free	12/3/2009	Scotiabank Prairie Winter International 2009
1:01.78 L	F	100 Free	4/24/2009	Chinook Invitational 2009
2:09.47 S	P	200 Free	12/3/2009	Scotiabank Prairie Winter International 2009
2:20.07 L	P	200 Free	4/29/2010	EKI 2010
4:36.85 S	P	400 Free	12/3/2009	Scotiabank Prairie Winter International 2009
4:50.40 L	F	400 Free	5/29/2009	NCSA Corral City Classic 2009
10:50.38 S	F	800 Free	1/18/2008	Blue Bears Invitational 2008
10:55.50 L	F	800 Free	5/23/2008	NCSA Corral City Classic 2008
20:29.88 S	F	1500 Free	12/14/2007	Age Group Challenge 2007
35.71 S	F	50 Back	1/15/2010	Grand Prix 2010
46.77 L	F	50 Back	3/25/2006	AMAC EnCana LC Inv.
1:20.18 L	F	100 Back	5/29/2010	TREX
1:30.26 S	P	100 Back	1/12/2007	Grand Prix_U.C.S.C. Invitational
3:01.41 S	P	200 Back	12/14/2007	Age Group Challenge 2007
3:24.78 L	P	200 Back	5/26/2006	40th Annual ROD Invitational
37.08 L	P	50 Breast	6/27/2009	2009 SPEEDO AB Age & Sr. Championships LC
37.84 S	P	50 Breast	2/27/2009	2009 SPEEDO AB Senior Prov Championships SC
1:17.55 S	F	100 Breast	12/4/2008	Scotiabank Prairie Winter International
1:20.00 L	P	100 Breast	6/27/2009	2009 SPEEDO AB Age & Sr. Championships LC

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### Individual Top Times

Time	P/F/S	Event			
<b>Sandall, Robby (16) M</b>					
2:46.63 S	F	200 Breast	12/4/2008	Scotiabank Prairie Winter International	
2:52.57 L	F	200 Breast	4/24/2009	Chinook Invitational 2009	
29.68 S	F	50 Fly	12/3/2009	Scotiabank Prairie Winter International 2009	
32.56 L	F	50 Fly	4/24/2009	Chinook Invitational 2009	
1:20.53 L	F	100 Fly	4/25/2008	34th Chinok Invitational	
1:25.79 S	F	100 Fly	11/3/2007	NCSA Fall Invitational 2007	
3:01.15 S	P	200 Fly	2/1/2008	PRONGHORN CLASSIC 2008	
1:08.59 S	P	100 IM	1/29/2010	2010 SPEEDO AB Senior Prov Championships SC	
2:34.34 L	F	200 IM	4/24/2009	Chinook Invitational 2009	
2:36.66 S	F	200 IM	10/25/2008	LA Swim Club Fall Challenge	
5:35.94 S	P	400 IM	2/22/2008	2008 Speedo Short Course Alberta Age Group Tr	
5:54.29 L	F	400 IM	5/23/2008	NCSA Corral City Classic 2008	
<b>Stauff, Nicole (17) F</b>					
28.17 S S	S	50 Free	11/29/2007	Scotia Bank Prairie Winter 2007	
28.56 L	F	50 Free	6/6/2008	Cascade Swimming International 2008	
1:02.52 S	F	100 Free	3/1/2008	KSC Last Chance Meet	
1:03.47 L	P	100 Free	5/22/2009	2009 Mel Zajac Jr International	
2:18.41 S	P	200 Free	12/4/2008	Scotiabank Prairie Winter International	
2:23.19 L	P	200 Free	4/30/2009	Edmonton Keyano International	
4:51.12 S	P	400 Free	2/14/2008	2008 Speedo Western Canadian Championships	
5:07.87 L	P	400 Free	3/7/2008	2008 Alberta Senior Provincial Championship	
10:10.83 S	F	800 Free	2/14/2008	2008 Speedo Western Canadian Championships	
13:04.29 L	F	800 Free	7/15/2004	Alberta Age Group/Senior Champs LC 2004	
20:31.48 L	F	1500 Free	5/23/2008	NCSA Corral City Classic 2008	
21:50.00 S	F	1500 Free	3/3/2006	Alberta Age Group Championships SC 2006	
36.73 S	P	50 Back	2/27/2009	2009 SPEEDO AB Senior Prov Championships SC	
37.97 L	P	50 Back	3/7/2008	2008 Alberta Senior Provincial Championship	
1:19.44 S	P	100 Back	1/15/2010	Grand Prix 2010	
1:20.81 L	P	100 Back	4/29/2010	EKI 2010	
3:01.60 L	P	200 Back	6/7/2007	Cascade International LC Speed Meet	
3:01.67 S	F	200 Back	1/12/2007	Grand Prix_U.C.S.C. Invitational	
39.05 S	F	50 Breast	3/1/2008	KSC Last Chance Meet	
40.30 L	P	50 Breast	3/7/2008	2008 Alberta Senior Provincial Championship	
1:28.13 S	P	100 Breast	12/4/2008	Scotiabank Prairie Winter International	
1:31.95 L	P	100 Breast	6/5/2009	Cascade Swimming International 2009	
3:12.72 S	P	200 Breast	11/29/2007	Scotia Bank Prairie Winter 2007	
3:23.46 L	F	200 Breast	4/24/2009	Chinook Invitational 2009	
35.35 L	P	50 Fly	5/22/2009	2009 Mel Zajac Jr International	
35.50 S	F	50 Fly	12/4/2008	Scotiabank Prairie Winter International	
1:29.26 S	P	100 Fly	1/12/2007	Grand Prix_U.C.S.C. Invitational	
1:43.56 L	F	100 Fly	4/29/2005	Corral City Classic 2005	
3:31.82 L	F	200 Fly	4/20/2007	33rd Chinook Invitational	
1:17.25 S	F	100 IM	3/1/2008	KSC Last Chance Meet	
2:42.75 S	P	200 IM	12/4/2008	Scotiabank Prairie Winter International	
2:49.65 L	F	200 IM	4/24/2009	Chinook Invitational 2009	
5:47.79 S	F	400 IM	12/14/2007	Age Group Challenge 2007	
6:50.92 L	F	400 IM	6/10/2005	RDCSC Freeze or Fry Swim Meet	
<b>Swagar, Seranda (15) F</b>					
22.26 S	F	25 Free	3/27/2004	Teddy Bear Picnic	
31.85 S L	F	50 Free	12/4/2008	Scotiabank Prairie Winter International	
33.29 L	P	50 Free	4/30/2009	Edmonton Keyano International	
1:07.77 S	P	100 Free	1/30/2009	Pronghorn Classic 2009	
1:09.74 L	F	100 Free	4/24/2009	Chinook Invitational 2009	
2:23.88 S	P	200 Free	1/15/2010	Grand Prix 2010	
2:28.83 L	F	200 Free	4/24/2009	Chinook Invitational 2009	
5:02.05 S	P	400 Free	12/4/2008	Scotiabank Prairie Winter International	
5:13.06 L	P	400 Free	6/5/2009	Cascade Swimming International 2009	

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### Individual Top Times

Time	P/F/S	Event		
<b>Swagar, Seranda (15) F</b>				
10:30.58 S	F	800 Free	2/27/2009	2009 SPEEDO AB Senior Prov Championships SC
10:57.57 L	F	800 Free	6/5/2009	Cascade Swimming International 2009
20:07.41 S	F	1500 Free	2/27/2009	2009 SPEEDO AB Senior Prov Championships SC
20:48.73 L	F	1500 Free	4/30/2009	Edmonton Keyano International
24.68 S	F	25 Back	2/21/2004	Pajama Party Junior Circuit Meet
34.68 S L	F	50 Back	12/4/2008	Scotiabank Prairie Winter International
36.33 L	F	50 Back	6/5/2009	Cascade Swimming International 2009
1:14.83 S	P	100 Back	12/4/2008	Scotiabank Prairie Winter International
1:17.62 L L	F	100 Back	6/5/2009	Cascade Swimming International 2009
2:38.34 S	F	200 Back	12/4/2008	Scotiabank Prairie Winter International
2:43.57 L	F	200 Back	6/13/2008	2008 Speedo Alberta Age Group Trials LC
42.61 S	F	50 Breast	2/23/2010	CWC invitational Feb 23, 2010
48.15 L	F	50 Breast	4/25/2008	34th Chinok Invitational
1:32.68 S	F	100 Breast	2/23/2010	CWC invitational Feb 23, 2010
1:43.43 L	F	100 Breast	5/23/2008	NCSA Corral City Classic 2008
3:34.36 S	F	200 Breast	10/27/2007	LASC Fall Challenge
3:43.72 L	F	200 Breast	4/20/2007	33rd Chinook Invitational
36.81 S	F	50 Fly	2/23/2010	CWC invitational Feb 23, 2010
36.98 L	F	50 Fly	4/24/2009	Chinook Invitational 2009
1:22.15 S	P	100 Fly	2/1/2008	PRONGHORN CLASSIC 2008
1:34.14 L	F	100 Fly	5/2/2008	2008 Spring Challenge
3:05.54 S	P	200 Fly	2/1/2008	PRONGHORN CLASSIC 2008
3:12.70 L	F	200 Fly	4/25/2008	34th Chinok Invitational
1:19.25 S	P	100 IM	1/30/2009	Pronghorn Classic 2009
2:43.46 S	P	200 IM	12/4/2008	Scotiabank Prairie Winter International
2:50.07 L	P	200 IM	4/30/2009	Edmonton Keyano International
5:47.57 S	P	400 IM	12/3/2009	Scotiabank Prairie Winter International 2009
5:56.16 L	F	400 IM	6/27/2009	2009 SPEEDO AB Age & Sr. Championships LC
<b>Thomas, Meghan (17) F</b>				
17.18 S	F	25 Free	3/27/2004	2004 Dino Cup
28.75 S	P	50 Free	12/4/2008	Scotiabank Prairie Winter International
30.45 L	P	50 Free	6/5/2009	Cascade Swimming International 2009
1:04.18 S	P	100 Free	2/27/2009	2009 SPEEDO AB Senior Prov Championships SC
1:06.64 L	P	100 Free	6/27/2009	2009 SPEEDO AB Age & Sr. Championships LC
2:23.05 S	F	200 Free	1/24/2009	Pugsley's_Plunge_2009
2:28.68 L	P	200 Free	4/30/2009	Edmonton Keyano International
5:28.19 S	P	400 Free	10/26/2006	30th Annual Harry Bailey Meet
5:28.49 L	F	400 Free	5/19/2007	Leduc LC Invitational
11:19.66 S	F	800 Free	1/12/2007	Grand Prix_U.C.S.C. Invitational
12:19.87 L	F	800 Free	5/4/2006	Edmonton Keyano International
20.24 S	F	25 Back	3/27/2004	2004 Dino Cup
31.69 S	F	50 Back	12/3/2009	Scotiabank Prairie Winter International 2009
33.51 L	P	50 Back	7/15/2009	Championnats canadiens groupe
1:08.15 S	F	100 Back	12/3/2009	Scotiabank Prairie Winter International 2009
1:11.56 L	P	100 Back	5/22/2009	2009 Mel Zajac Jr International
2:30.52 S	F	200 Back	3/14/2008	AB 2008 Age Group Champs SC
2:37.45 L	P	200 Back	4/30/2009	Edmonton Keyano International
34.42 S	F	50 Breast	2/18/2010	Speedo Western Canadian Championships
36.29 L	P	50 Breast	7/15/2009	Championnats canadiens groupe
1:14.08 S	F	100 Breast	12/3/2009	Scotiabank Prairie Winter International 2009
1:17.15 L	P	100 Breast	7/15/2009	Championnats canadiens groupe
2:40.01 S	F	200 Breast	2/18/2010	Speedo Western Canadian Championships
2:49.66 L	P	200 Breast	7/15/2009	Championnats canadiens groupe
17.80 S	F	25 Fly	3/27/2004	2004 Dino Cup
30.42 S	F	50 Fly	12/3/2009	Scotiabank Prairie Winter International 2009
30.49 L	P	50 Fly	5/22/2009	2009 Mel Zajac Jr International
1:12.38 S	F	100 Fly	12/14/2007	Age Group Challenge 2007
1:12.78 L	F	100 Fly	4/24/2009	Chinook Invitational 2009

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### Individual Top Times

Time	P/F/S	Event			
<b>Thomas, Meghan (17) F</b>					
1:09.29 S	F	100 IM	1/29/2010	2010 SPEEDO AB Senior Prov Championships SC	
2:27.90 S	P	200 IM	2/18/2010	Speedo Western Canadian Championships	
2:28.49 L	P	200 IM	5/22/2009	2009 Mel Zajac Jr International	
5:10.34 S	F	400 IM	12/3/2009	Scotiabank Prairie Winter International 2009	
<b>Toth, Christopher (16) M</b>					
18.30 S	F	25 Free	3/27/2004	2004 Dino Cup	
25.00 S	F	50 Free	2/23/2010	CWC invitational Feb 23, 2010	
26.68 L	F	50 Free	4/29/2010	EKI 2010	
52.83 S L	F	100 Free	2/18/2010	Speedo Western Canadian Championships	
56.03 L L	F	100 Free	7/15/2009	Championnats canadiens groupe	
1:55.24 S	F	200 Free	2/18/2010	Speedo Western Canadian Championships	
2:04.49 L	F	200 Free	4/29/2010	EKI 2010	
4:29.78 L	F	400 Free	4/29/2010	EKI 2010	
4:30.16 S	F	400 Free	10/24/2009	LA Swim Club Fall Challenge	
9:26.83 S	F	800 Free	11/29/2007	Scotia Bank Prairie Winter 2007	
10:02.96 L	F	800 Free	7/5/2007	2007 AB Age Group / Senior Champs LC	
18:36.10 L	F	1500 Free	5/23/2008	NCSA Corral City Classic 2008	
23:33.35 S	F	1500 Free	1/20/2006	Edmonton Keyano's Blue Bears 2006	
1:09.22 L	F	5000 Free	7/19/2007	Championnats nationaux groupe	
21.39 S	F	25 Back	3/27/2004	2004 Dino Cup	
26.74 S	F	50 Back	2/18/2010	Speedo Western Canadian Championships	
30.18 L L	F	50 Back	4/24/2009	Chinook Invitational 2009	
57.30 S	P	100 Back	2/18/2010	Speedo Western Canadian Championships	
1:03.84 L	P	100 Back	4/29/2010	EKI 2010	
2:05.80 S	F	200 Back	12/3/2009	Scotiabank Prairie Winter International 2009	
2:20.30 L	F	200 Back	7/24/2008	2008 Age Group Nationals	
42.40 S	F	50 Breast	2/3/2007	Timmerman's Invitational Swim Meet	
44.39 L	F	50 Breast	5/4/2007	40th Anniversary ROD Invitational 2007	
1:27.96 S	F	100 Breast	11/3/2007	NCSA Fall Invitational 2007	
1:27.97 L	F	100 Breast	4/25/2008	34th Chinok Invitational	
2:59.53 S	F	200 Breast	2/1/2008	PRONGHORN CLASSIC 2008	
3:22.69 L	F	200 Breast	4/20/2007	33rd Chinook Invitational	
20.19 S	F	25 Fly	3/27/2004	2004 Dino Cup	
26.68 S	P	50 Fly	2/18/2010	Speedo Western Canadian Championships	
28.33 L	F	50 Fly	4/24/2009	Chinook Invitational 2009	
57.93 S	F	100 Fly	2/18/2010	Speedo Western Canadian Championships	
1:01.89 L	F	100 Fly	4/29/2010	EKI 2010	
2:21.59 S	P	200 Fly	3/14/2008	AB 2008 Age Group Champs SC	
2:27.44 L	P	200 Fly	6/27/2009	2009 SPEEDO AB Age & Sr. Championships LC	
1:03.90 S	F	100 IM	1/29/2010	2010 SPEEDO AB Senior Prov Championships SC	
2:11.88 S	F	200 IM	12/3/2009	Scotiabank Prairie Winter International 2009	
2:24.42 L	P	200 IM	7/15/2009	Championnats canadiens groupe	
5:19.68 L	F	400 IM	4/19/2008	2008 BC Alberta Dual Meet	
6:29.19 S	F	400 IM	1/20/2006	Edmonton Keyano's Blue Bears 2006	
<b>White, Catharine (15) F</b>					
29.70 S L	F	50 Free	12/3/2009	Scotiabank Prairie Winter International 2009	
30.55 L	P	50 Free	6/27/2009	2009 SPEEDO AB Age & Sr. Championships LC	
1:04.08 S	P	100 Free	12/3/2009	Scotiabank Prairie Winter International 2009	
1:07.12 L	P	100 Free	4/29/2010	EKI 2010	
2:21.07 S	P	200 Free	12/3/2009	Scotiabank Prairie Winter International 2009	
2:31.22 L	P	200 Free	4/29/2010	EKI 2010	
5:02.49 S	P	400 Free	12/3/2009	Scotiabank Prairie Winter International 2009	
5:12.63 L	F	400 Free	4/10/2010	Spring Start-Up	
10:18.24 S	F	800 Free	12/3/2009	Scotiabank Prairie Winter International 2009	
11:00.02 L	F	800 Free	4/30/2009	Edmonton Keyano International	
20:30.16 S	F	1500 Free	1/29/2010	2010 SPEEDO AB Senior Prov Championships SC	
21:08.94 L	F	1500 Free	4/29/2010	EKI 2010	

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Time	P/F/S	Event			
<b>White, Catharine (15) F</b>					
38.24 S	F	50 Back	1/24/2009	Pugsley's_Plunge_2009	
42.12 L	F	50 Back	5/4/2007	40th Anniversary ROD Invitational 2007	
1:21.32 L	P	100 Back	4/29/2010	EKI 2010	
1:21.60 S	F	100 Back	2/23/2010	CWC invitational Feb 23, 2010	
2:47.30 S	P	200 Back	12/3/2009	Scotiabank Prairie Winter International 2009	
3:07.46 L	F	200 Back	5/29/2009	NCSA Corral City Classic 2009	
39.49 S	F	50 Breast	1/30/2009	Pronghorn Classic 2009	
40.51 L	F	50 Breast	7/3/2008	Alberta Age Group/Senior Long Course Champs	
1:24.22 S	F	100 Breast	2/20/2009	2009Team Aquatic Supplies Alberta AGT SC	
1:29.20 L	F	100 Breast	7/3/2008	Alberta Age Group/Senior Long Course Champs	
3:01.62 S	F	200 Breast	2/20/2009	2009Team Aquatic Supplies Alberta AGT SC	
3:10.48 L	F	200 Breast	6/27/2009	2009 SPEEDO AB Age & Sr. Championships LC	
32.52 S	F	50 Fly	12/3/2009	Scotiabank Prairie Winter International 2009	
36.41 L	F	50 Fly	4/24/2009	Chinook Invitational 2009	
1:18.09 S	F	100 Fly	2/23/2010	CWC invitational Feb 23, 2010	
1:25.70 L	P	100 Fly	4/29/2010	EKI 2010	
3:10.92 S	F	200 Fly	3/20/2010	TAS Open Meet	
3:44.95 L	F	200 Fly	4/20/2007	33rd Chinook Invitational	
1:15.51 S	P	100 IM	1/29/2010	2010 SPEEDO AB Senior Prov Championships SC	
2:43.35 S	P	200 IM	12/3/2009	Scotiabank Prairie Winter International 2009	
2:49.43 L	P	200 IM	4/29/2010	EKI 2010	
5:48.72 S	P	400 IM	12/3/2009	Scotiabank Prairie Winter International 2009	
6:12.23 L	P	400 IM	4/29/2010	EKI 2010	